

August 2025
Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 31 10:30 🕯 Sunday Spiritual Service [CHAP] 11:15 📺 Nat Geo: Bigfoot [CHAP] 1:00 🛒 Shop @ 5 & Dime [5D] 1:30 🕒 Craft Hour: Painting [2FD] 3:30 🕒 Spin & Solve [2FD] 4:00 🕒 Watch: Young Sheldon & Popcorn [MT]	Resident Birthdays Robert S. 8/1 Judy S. 8/3 Joan K. 8/25 Susan B. 8/27	🕯 Emotional 🌿 Environmental 🏥 Health Services 🧠 Intellectual 🏃 Physical 🍷 Social 🕯 Spiritual ✈ Vocational	Location Keys 2nd Floor Dining 2nd Floor Family Room 5 & Dime Bistro Chapel City Hall Courtyard Fitness Center Movie Theater Outing Reception 2FD 2FFR 5D B CHAP CH CRT FC MT O RC		10:30 🌟 Morning Fitness: Range of Motion & Core Strength [2FD] 11:00 🕒 Play: Balloon Burst Hangman [2FD] 1:15 🕒 Card Club: Pinochle [2FFR] 2:00 🕒 Bingo [2FD] 3:00 🕒 Happy Hour: Rum Punch [CRT] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Silver Sneakers Zumba [2FD] 11:00 🕒 NYT Games & Calendar [2FD] 2:00 🕒 Brain Fitness: Word Challenge [2FD] 3:00 🕒 Play: Family Feud [2FD] 4:30 🕒 Activity Packet: August [RC]
10:30 🕯 Sunday Spiritual Service [CHAP] 11:15 📺 Nat Geo: The U.S. Coast Guard [CHAP] 1:00 🛒 Shop @ 5 & Dime [5D] 1:30 🕒 Craft Hour: Mindful Art & Ceramic Painting [2FD] 3:15 🕒 Spin & Solve [2FD] 4:00 🕒 Watch: I Love Lucy & Popcorn [MT]	Salon Day (Claudia) 10:30 🌟 Chair Zumba with Lorene [2FD] 11:00 🕒 Play: Skip-Bo [2FD] 1:45 🕒 Outing: Dairy Queen [O] 3:15 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Chair Based Strength & Stability with Andrea [2FD] 11:00 🕒 Tuesday TED Talk: The power of introverts [2FD] 2:00 🕒 Play: Jeopardy! [2FD] 3:00 🕒 Reader's Theater [2FFR] 4:00 🕒 NYT & iN2L Games [2FD]	10:15 🕒 Wellness Wednesday [FC] 10:30 🕒 Smoothie Bar [2FD] 11:00 🌟 Morning Fitness: Chair Pilates [2FD] 1:15 🛒 Outing: Dollar Tree [O] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD] 4:30 🕒 Weekday Activity Packet Pick Up [RC]	10:30 🌟 Morning Fitness: Seated HIIT [2FD] 11:00 🕒 Road Trip Trivia [2FD] 1:00 🛒 Shop @ 5 & Dime [5D] 2:00 🕒 Backyard Wildlife: From Butterflies to Bandits (Photography Presentation with Colleen) [2FD] 3:30 🌟 Balloon Volley [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Range of Motion & Core Strength [2FD] 11:00 🕒 Play: iN2L Weekly Games [2FD] 1:15 🕒 Card Club: Bridge [2FFR] 2:00 🕒 Bingo [2FD] 3:00 🕒 Happy Hour: Rum Punch [CRT] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Silver Sneakers Zumba [2FD] 11:00 🕒 NYT Games & Calendar [2FD] 2:00 🕒 Brain Fitness: Spot the Difference [2FD] 3:00 🕒 Root Beer Floats [B] 4:30 🕒 Activity Packet: Clowns [RC]
10:30 🕯 Sunday Spiritual Service [CHAP] 11:15 📺 Nat Geo Pick-Up: National Park History [RC] 1:00 🛒 Shop @ 5 & Dime [5D] 2:00 🕒 Matinee & Popcorn: Jaws [MT] 3:00 🕒 Open Fitness Center [2FD] 4:00 🌟 Jigsaw Puzzles [B]	Salon Day (Claudia) 10:30 🌟 Fitness Trivia [2FD] 11:00 🕒 Play: Dominoes Mexican Train [2FD] 11:30 🕒 Sign Up for Nail Services [RC] 2:00 🕒 Cooking: Cherry Turnovers [2FD] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Seated Ball Exercises with Andrea [2FD] 11:00 🕒 Tuesday TED Talk: Why people believe they can't draw [2FD] 1:30 🕒 Mahjong [B] 2:00 🌿 Flower Arranging & Napkin Folding [2FD] 3:00 🌟 Walking Club [RC] 4:00 🕒 NYT & iN2L Games [2FD]	10:45 🌟 Motivated and Moving [2FD] 11:30 🕒 Men's Club [CRT] 1:30 🌿 Outing: Kensington [O] 4:00 🕒 NYT & iN2L Games [2FD] 4:30 🕒 Weekday Activity Packet Pick Up [RC]	Manicure Day 10:30 🌟 Morning Fitness: Seated HIIT [2FD] 11:00 🕒 Lighthouse Trivia [2FD] 1:00 🛒 Shop @ 5 & Dime [5D] 1:30 🕒 National Prosecco Day + Entertainment: Marsha Mumm [2FD] 2:45 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🕯 Go Team Therapy Dogs [2FD] 11:00 🌟 Morning Fitness: Range of Motion & Core Strength [2FD] 1:00 🛒 Staff Celebration 1:15 🕒 Card Club: Pinochle [2FFR] 3:00 🕒 Happy Hour: Rum Punch [CRT] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Silver Sneakers Zumba [2FD] 11:00 🕒 NYT Games & Calendar [2FD] 2:00 🕒 Brain Fitness: Rebus Puzzles [2FD] 3:00 🕒 Travelogue: Kansas [2FD] 4:30 🕒 Activity Packet: Wizard of Oz [RC]
10:30 🕯 Sunday Spiritual Service [CHAP] 11:15 📺 Nat Geo: Pollinators [CHAP] 1:00 🛒 Shop @ 5 & Dime [5D] 1:30 🕒 Craft Hour: Smocks [2FD] 3:30 🕒 Spin & Solve [2FD] 4:00 🕒 Watch: Home Improvement & Popcorn [MT]	Salon Day (Claudia) 10:30 🌟 Yoga with Jeanie [2FD] 11:30 🕒 Lunch Outing: Royal Wall [O] 2:15 🕒 Calendar Planning Meeting [2FD] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:15 🌟 Morning Fitness: Arthritis Workout & Back Stretch [2FD] 10:45 🕯 Music Therapy with Laurie [2FFR] 1:30 🕒 Mahjong [B] 2:00 🕒 Vernor's Ginger Ale Presentation by Keith [2FD] 3:00 🕒 Karaoke/Sing-a-Long 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Chair Pilates [2FD] 11:00 🌟 Brain Health with Andrea [2FD] 2:00 🕒 Chocolate Milk Tasting [2FD] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD] 4:30 🕒 Weekday Activity Packet Pick Up [RC]	10:30 🌟 Morning Fitness: Seated HIIT [2FD] 11:00 🕒 Decade Trivia: 1940s [2FD] 1:00 🛒 Shop @ 5 & Dime [5D] 1:15 🕒 Outing: Afternoon Concert Series @ Temple Israel [O] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Range of Motion & Core Strength [2FD] 11:00 🕒 Play: iN2L Weekly Games [2FD] 1:15 🕒 Card Club: Bridge [2FFR] 2:00 🕒 Bingo [2FD] 3:00 🕒 Resident Birthday Party & Happy Hour with Entertainment by The Special Blend [CH] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Silver Sneakers Zumba [2FD] 11:00 🕒 NYT Games & Calendar [2FD] 2:00 🕒 Brain Fitness: Logic Riddles [2FD] 3:00 🕒 Name That Tune [2FD] 4:30 🕒 Activity Packet: States [RC]
10:30 🕯 Sunday Spiritual Service [CHAP] 11:15 📺 Nat Geo: Triangle Shirtwaist Factory Disaster [CHAP] 1:00 🛒 Shop @ 5 & Dime [5D] 2:00 🕒 Cooking: Walking Tacos [2FFR] 3:30 🕒 Spin & Solve [2FD] 4:00 🕒 Watch: Twilight Zone & Popcorn [MT]	Salon Day (Claudia) 10:30 🌟 Chair Zumba [2FD] 11:00 🕒 Play: Uno [2FD] 11:30 🕒 Sign Up for Nail Services [RC] 1:15 🛒 Outing: Meijer & Recycling [O] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Arthritis Workout & Back Stretch [2FD] 11:00 🕒 Brain Health with Andrea [2FD] 1:30 🕒 Entertainment: Sing with Beth [2FD] 3:00 🕒 Resident Council [CHAP] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Exercise with Mo [2FD] 11:00 🕯 Meditation & Calendar [2FD] 2:00 🕒 Entertainment: Stanley & Quiggle [2FD] 3:00 🕒 Bingo [2FD] 4:00 🕒 NYT & iN2L Games [2FD] 4:30 🕒 Weekday Activity Packet Pick Up [RC]	Manicure Day 10:30 🕒 Book Club (Review and Discussion) [2FFR] 10:45 🌟 Morning Fitness: Seated HIIT [2FD] 11:15 🕒 Decade Trivia: 1950s [2FD] 1:00 🛒 Shop @ 5 & Dime [5D] 2:00 🕒 Play: Jeopardy! [2FD] 3:00 🌟 Walking Club [RC] 4:15 🕒 Dinner & Movie in the Statler Club [2FD]	10:30 🌟 Morning Fitness: Range of Motion & Core Strength [2FD] 11:00 🕒 Play: Balloon Burst Hangman [2FD] 1:15 🕒 Card Club: Pinochle [2FFR] 2:00 🕒 Bingo [2FD] 3:00 🕒 Happy Hour: Rum Punch [CRT] 4:00 🕒 NYT & iN2L Games [2FD]	10:30 🌟 Morning Fitness: Silver Sneakers Zumba [2FD] 11:00 🕒 NYT Games & Calendar [2FD] 1:30 🕒 Sing with Friends: Paul, Mike & Gale [2FFR] 3:00 🕒 Brain Fitness: Brain Teasers [2FD] 4:30 🕒 Activity Packet: Fruits [RC]

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