

July 2025
Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	☪ Emotional ☪ Environmental ☪ Health Services ☪ Intellectual ☪ Physical ☪ Social ☪ Spiritual ☪ Vocational	10:30 ☪ Morning Fitness: Stretch & Seated Core [2FD] 11:00 ☪ Tuesday TED Talk: Harness Your Inner Voice [2FD] 1:30 ☪ Mahjong [B] 2:00 ☪ Flower Arranging & Napkin Folding [CH] 3:00 ☪ Walking Club [RC] 4:00 ☪ NYT & iN2L Games [2FD]	10:15 ☪ Wellness Wednesday [FC] 10:30 ☪ Smoothie Bar [2FD] 11:00 ☪ Morning Fitness: Chair Dance [2FD] 2:00 ☪ July Activity Packet [RC] 3:15 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	Manicure Day 10:30 ☪ Morning Fitness: Flex & Posture [2FD] 11:45 ☪ 4th of July BBQ with Entertainment by Gary Walsh [CH] 1:00 ☪ Shop @ 5 & Dime [5D] 2:30 ☪ Patriotic Sing-a-Long [CH] 3:15 ☪ 4th of July Trivia & Happy Hour [CH] 4:00 ☪ NYT & iN2L Games [2FD]	Independence Day 10:30 ☪ Morning Fitness: Stability Class [2FD] 11:00 ☪ USA Cupcake Decorating & Trivia [2FD] 1:15 ☪ Card Club: Pinochle [2FFR] 2:00 ☪ 50 State Plate Challenge [2FD] 3:00 ☪ Bingo & Beer [2FD]	10:30 ☪ Morning Exercise: Silver Sneakers Zumba [2FD] 11:00 ☪ NYT Games & Calendar [2FD] 2:00 ☪ Trivia: Citizenship Test [2FD] 3:00 ☪ Travelogue: New Zealand [2FD] 4:30 ☪ Activity Packet: 4th of July [RC]
10:30 ☪ Sunday Spiritual Service [CHAP] 11:15 ☪ Nat Geo: Battle of Gettysburg [2FD] 1:00 ☪ Shop @ 5 & Dime 1:30 ☪ Craft Hour: Beaded Sunglasses [2FD] 3:15 ☪ Spin & Solve [2FD] 4:00 ☪ Matinee & Popcorn [MT]	Salon Day (Claudia) 10:30 ☪ Seated Zumba with Lorene [FC] 11:00 ☪ Play: Skip-Bo [2FD] 11:30 ☪ Lunch Outing: El Mariachi's Mexican Restaurant [O] 3:00 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Seated Boxing with Andrea [2FD] 11:00 ☪ Tuesday TED Talk: The History of Chocolate [2FD] 1:30 ☪ Entertainment: Marco Floyd [2FFR] 3:00 ☪ Cooking: Chocolate Day [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:45 ☪ Motivated and Moving [2FD] 11:30 ☪ Men's Club [CRT] 2:00 ☪ Play: Jeopardy! [2FD] 3:00 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD] 4:30 ☪ Weekday Activity Packet Pick Up [RC]	10:30 ☪ Morning Fitness: Flex & Posture [2FD] 11:00 ☪ Animal Trivia: Cats featuring Mango [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 2:00 ☪ Karaoke + Choir Club [2FD] 3:15 ☪ Balloon Volley [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Fitness Trivia [2FD] 11:00 ☪ Play: iN2L Weekly Games [2FD] 11:30 ☪ Outing: 7 Eleven Free Slurpee Day [O] 1:15 ☪ Card Club: Bridge [2FFR] 2:00 ☪ Bingo [2FD] 3:00 ☪ Gardening & Happy Hour: Rose' Sangria [CRT] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Silver Sneakers Zumba [FC] 11:00 ☪ NYT Games & Calendar [2FD] 2:00 ☪ Play: Family Feud [2FD] 3:00 ☪ Courtyard Tea & Name That Tune [CRT] 4:30 ☪ Activity Packet: Canada Day [RC]
The 17th of Tammuz 10:30 ☪ Sunday Spiritual Service [CHAP] 11:15 ☪ Nat Geo: Last of the Free Range Buffalo [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 2:00 ☪ Sunday Sundaes [B] 3:00 ☪ Yarn Club [2FFR] 4:00 ☪ Matinee & Popcorn [MT]	Salon Day (Claudia) 10:30 ☪ Chair Zumba [2FD] 11:00 ☪ Play: Uno [2FD] 11:30 ☪ Sign Up for Nail Services [RC] 2:00 ☪ Reader's Theater [2FFR] 3:00 ☪ Shark Day [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Exercise Bingo with Andrea [2FD] 11:00 ☪ Music Therapy with Laurie [2FFR] 1:15 ☪ Outing: Mindful Art @ Commerce Library 3:30 ☪ Walking Club [RC] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Chair Dance [2FD] 11:00 ☪ Meditation & Calendar [FC] 1:30 ☪ Entertainment: Kelly & Darryl Violin and Piano Duo [2FD] 3:00 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD] 4:30 ☪ Weekday Activity Packet Pick Up [RC]	Manicure Day 10:30 ☪ Morning Fitness: Flex & Posture [2FD] 11:00 ☪ Entertainment Trivia: 1940s Movies [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 1:15 ☪ Outing: Afternoon Concert Series @ Temple Israel [O] 4:00 ☪ NYT & iN2L Games [2FD] 4:15 ☪ Dinner & Movie in the Statler Club [2FD]	10:30 ☪ Morning Fitness: Stability Class [2FD] 11:00 ☪ Play: Balloon Burst Hangman [2FD] 1:15 ☪ Card Club: Pinochle [2FFR] 2:00 ☪ Bingo [2FD] 3:00 ☪ Happy Hour: Rose' Sangria [CRT] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Open Fitness Center [FC] 11:00 ☪ Daily Chronicle [RC] 1:30 ☪ Sing with Friends: Paul, Mike & Gale [2FFR] 3:00 ☪ Matinee & Popcorn [2FD] 4:30 ☪ Activity Packet: Christmas in July [RC]
10:30 ☪ Sunday Spiritual Service [CHAP] 11:15 ☪ Nat Geo: San Diego Rehabilitation Zoo [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 1:30 ☪ Craft Hour: Ceramic Painting [2FD] 3:15 ☪ Spin & Solve [2FD] 4:00 ☪ Matinee & Popcorn [MT]	Salon Day (Claudia) 10:30 ☪ Yoga with Jeanie [2FD] 11:15 ☪ Play: Skip-Bo [2FD] 11:30 ☪ Sign Up for Nail Services [RC] 2:00 ☪ Play: Jeopardy! [2FD] 3:00 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Stretch & Seated Core [2FD] 11:00 ☪ Brain Health with Andrea [2FD] 1:30 ☪ Mahjong [B] 2:00 ☪ Calendar Planning Meeting [2FD] 3:00 ☪ Rodeo Day [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Exercise with Mo [2FD] 11:00 ☪ Meditation & Calendar [FC] 2:00 ☪ Activity Packet Pick Up 4:00 ☪ The Avalon Presents: Great Gatsby Prom [CH]	10:30 ☪ Book Club (Review and Discussion) [2FFR] 11:00 ☪ Eyewear Services by 2U Vision [RC] 1:00 ☪ Shop @ 5 & Dime [5D] 2:00 ☪ Resident Council [CHAP] 3:15 ☪ Balloon Volley [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Stability Class [2FD] 11:00 ☪ Play: iN2L Weekly Games [2FD] 1:15 ☪ Card Club: Bridge [2FFR] 2:00 ☪ Birthday Party & Happy Hour Entertainment: Dan & Tony [2FD] 3:00 ☪ Gardening [CRT] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Silver Sneakers Zumba [FC] 11:00 ☪ NYT Games & Calendar [2FD] 2:00 ☪ Travelogue: New Zealand [2FD] 3:00 ☪ Play: Dominoes Mexican Train [2FD] 4:30 ☪ Activity Packet: Potpourri [RC]
10:30 ☪ Sunday Spiritual Service [CHAP] 11:15 ☪ Nat Geo: Seneca Falls Convention [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 1:30 ☪ Yarn Club [2FFR] 3:00 ☪ Spin & Solve [2FD] 4:00 ☪ Matinee & Popcorn [MT]	Salon Day (Claudia) 10:30 ☪ Chair Zumba [2FD] 11:00 ☪ Play: Uno [2FD] 11:30 ☪ Sign Up for Nail Services [RC] 1:15 ☪ Outing: Aldi's [O] 3:00 ☪ Bingo [2FD] 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Stretch & Seated Core [2FD] 11:00 ☪ Brain Health with Andrea [2FD] 1:30 ☪ Mahjong [B] 2:00 ☪ Cooking: Homemade Butter [CH] 3:00 ☪ Choir Club 4:00 ☪ NYT & iN2L Games [2FD]	10:30 ☪ Morning Fitness: Chair Dance [2FD] 11:00 ☪ Meditation & Calendar [FC] 1:45 ☪ Sculpture Exploration Art History with Northville Art House [2FD] 2:30 ☪ Air-Dry Clay Workshop with Northville Art House [2FD] 4:00 ☪ NYT & iN2L Games [2FD] 4:30 ☪ Weekday Activity Packet Pick Up [RC]	10:30 ☪ Morning Fitness: Flex & Posture [2FD] 11:00 ☪ History & Culture Trivia: Fast Food [2FD] 1:00 ☪ Shop @ 5 & Dime [5D] 2:30 ☪ Walking Club [RC] 3:00 ☪ Afternoon Tea & Name that Tune [B] 4:00 ☪ NYT & iN2L Games [2FD]	Location Keys 2nd Floor Dining 2FD 2nd Floor Family Room 2FFR 5 & Dime 5D Bistro B Chapel CHAP City Hall CH Courtyard CRT Fitness Center FC Movie Theater MT Outing O Reception RC	